



Vanguard Athletics

Please fill out the first part of this form and then any individual sport sections that apply to you.

Once completed, return this form to:

Vanguard Athletics, PO Box 3974, Amity Station, Woodbridge, CT 06525

Name: _____

Email: _____

Password: _____

Security Question: Who is your favorite professional athlete?

Answer to Security Question: _____

Gender: _____

Date of Birth: _____

Address: _____

City: _____ State: CT Zip Code: _____

Phone: _____

SAT Score: _____

GPA: _____

School Name: _____

Basketball

Games Played: _____

Position: _____

Scoring/game: _____

Assists/game: _____

Blocks/game: _____

FG %: _____

Height: _____

Games Started: _____

Rebounds/game: _____

Steals/game: _____

Turnovers/game: _____

FT %: _____

3pt FG %: _____

Weight: _____

Football

Position: _____

Games Played: _____

Touchdowns: _____

Tackles: _____

Fum. Rec.: _____

PAT Made: _____

FG Made: _____

Punt Yd. Avg.: _____

Rec. Yards: _____

Rushing Att.: _____

Avg. Yds. Rushing: _____

Pass. Att.: _____

Pass %: _____

Ints. Thrown: _____

Weight: _____

Speed (40 yards in): _____

Games Started: _____

Sacks: _____

Intercepts: _____

PAT Att.: _____

FG Att.: _____

Total Punts: _____

Receptions: _____

Avg. Yds. per reception: _____

Rushing Yds.: _____

Fum. Lost: _____

Pass. Comm.: _____

Passing Yards: _____

Height: _____

Ice Hockey

Games Played: _____

Position: _____

Assists: _____

PIM: _____

Short Hand Goals: _____

Game Tying Goals: _____

Three Goal Games: _____

Goals Allowed: _____

Shut Outs: _____

Losses: _____

Height: _____

Games Started: _____

Goals: _____

Points: _____

Power Play Goals: _____

Game Winning Goals: _____

Multi Goal Games: _____

Minutes: _____

Goals Allowed Average: _____

Wins: _____

Ties: _____

Weight: _____

Soccer

Games Played: _____

Shots: _____

Assists: _____

Position: _____

Saves: _____

Goals Allowed: _____

Shutouts: _____

Height: _____

Games Started: _____

Goals: _____

Points: _____

Minutes: _____

Save %: _____

Goals Allowed Average: _____

Shutouts Allowed: _____

Weight: _____

Baseball

Position: _____

Bats: _____

Games Played: _____

Errors: _____

Batting Avg. _____

2B: _____

HR: _____

ERA: _____

Losses: _____

Saves: _____

Hits Allowed: _____

Height: _____

Throws: _____

Speed to first base: _____

Games Started: _____

AB: _____

Hits: _____

3B: _____

RBI: _____

Wins: _____

APP: _____

IP: _____

Avg. Pitch Velocity (mph): _____

Weight: _____

Track & Field

of meets: _____

200 Meter Dash: _____

800 Meter Dash: _____

3000 Meter Dash: _____

10,000 Meter Dash: _____

20K Walk: _____

110 Meter Hurdle: _____

Heptathlon: _____

Long Jump (meters): _____

High Jump (meters): _____

Shotput (meters): _____

Javelin (meters): _____

Weight: _____

100 Meter Dash: _____

400 Meter Dash: _____

1500 Meter Dash: _____

5000 Meter Dash: _____

10K Walk: _____

100 Meter Hurdle: _____

400 Meter Hurdle: _____

Decathlon: _____

Tr. Jump (meters): _____

Pole Vault (meters): _____

Discus (meters): _____

Hammer (meters): _____

Height: _____

Field Hockey

Games Played: _____

Shots: _____

Assists: _____

Position: _____

Saves: _____

Goals Allowed: _____

Shutouts: _____

Height: _____

Games Started: _____

Goals: _____

Points: _____

Minutes: _____

Save %: _____

Goals Allowed Average: _____

Shutouts Allowed: _____

Weight: _____

Tennis

Average Service Speed: _____

Losses: _____

Play Style: _____

Backhand Skills: _____

Height: _____

Wins: _____

Rank on Team: _____

Forehand Skills: _____

Volley Skills: _____

Weight: _____

Gymnastics-Girls

Vault: _____

Beam: _____

All-Around: _____

Rank on Team: _____

Weight: _____

Uneven Bars: _____

Floor Exercise: _____

Best Event: _____

Height: _____

Volleyball

Position: _____

Assists: _____

Digs: _____

Height: _____

Aces: _____

Blocks: _____

Kills: _____

Weight: _____

Swimming

100m Breaststroke: _____

50m Freestyle: _____

200m Freestyle: _____

1000m Freestyle: _____

200m Backstroke: _____

200m Butterfly: _____

400m Individual Medley: _____

Meets Won: _____

Weight: _____

200m Breaststroke: _____

100m Freestyle: _____

500m Freestyle: _____

100m Backstroke: _____

100m Butterfly: _____

200m Individual Medley: _____

Best Event: _____

Height: _____

Lacrosse

Position: _____

Goals: _____

Goals Against Average: _____

Save Percentage: _____

Weight: _____

Assists: _____

Points: _____

Saves: _____

Height: _____

Golf

Driving Average (Yards): _____

Putting Skill: _____

Recovery Skill: _____

Career Losses: _____

Last Season Losses: _____

Tournament Won: _____

Weight: _____

Putts per Round: _____

Iron Play: _____

Career Wins: _____

Last Season Wins: _____

Rank on Team: _____

Height: _____

Gymnastics-Boys

Vault: _____

Pommel Horse: _____

Parallel Bars: _____

All-Around: _____

Rank on Team: _____

Weight: _____

Floor Exercise: _____

Rings: _____

High Bar: _____

Best Event: _____

Height: _____